




Program Book

Community Service Project



**AP STATE COUNCIL OF HIGHER
EDUCATION**

(A STATUTORY BODY OF GOVERNMENT OF ANDHRA PRADESH)

COMMUNITY SERVICE PROJECT

(USES OF MOBILES)

A project report submitted in partial fulfillment of the award of the
bachelor of Commerce (B.Com)4th Semester end examination,
September -2022

Submitted by

GENDHA CHINNARI

(Regd.No:120130803057)

Under the mentor

Smt. K. INDIRA

Lecture in Commerce

DEPARTMENT OF COMMERCE

MRS. AVN COLLEGE



DEPARTMENT OF COMMERCE

MRS.AVN DEGREE COLLEGE, VISAKHAPATNAM

SEPTEMBER-2022

**Program Book
for
Community Service Project**

Name of the Student: *Gandha Chinnasti*

Name of the College: *MRS. A.V.N College*

Registration Number: *120130803057*

Period of CSP: ~~2 months~~ From: *08/09/22* To: *25/10/22*

Name & Address of the Community/Habitation: *D.No :- 35-1-116, pillavaxivhidi,
Near Sai Baba temple, Kanchazipalem
Main Road, Visakhapatnam -
530008*

Community Service Project Report

Submitted in accordance with the requirement for the degree of B.Com

Name of the College: MRS. A.V.S.N college

Department: Commerce (B.com)

Name of the Faculty Guide: Smt. K. Indira

Duration of the CSP: From 2/9/22 To 23/10/22

Name of the Student: Grendha Chinnai

Programme of Study: Community Service project on - Uses of Mobiles

Year of Study: 2020 - 2023

Register Number: 120130803057

Date of Submission:

Student's Declaration

I Ganitha Chinnati student of C.S.D Program, Reg. No. 190130803057 of the Department of B.Com, A.V.N. College do hereby declare that I have completed the mandatory community service from 8/9/22 to 25/10/22 in Kanchavapalem (Name of the Community/Habitation) under the Faculty Guideship of Mst. K. Indira (Name of the Faculty Guide), Department of Commerce in Mrs. A.V.N. College

G. Chinnati

(Signature and Date)

Endorsements

K. Indira 19/11/22

Faculty Guide

[Signature] 21/11/22

Head of the Department

[Signature]

Principal

PRINCIPAL
Mrs. A.V.N. COLLEGE
VISAKHAPATNAM

Student's Declaration

Ganitha Chinnai student of C.S.D. Program, Reg. No. 120130803057 of the Department of B.Com, A.V.N. College do hereby declare that I have completed the mandatory community service from 8/9/22 to 25/10/22 in Kanchavapalem (Name of the Community/Habitation) under the Faculty Guideship of Mst. K. Indira (Name of the Faculty Guide), Department of Commerce in Mrs. A.V.N. College

G. Chinnai

(Signature and Date)

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K. Indira 19/11/22

Faculty Guide

[Signature] 21/11/22
Head of the Department

[Signature]
Principal

PRINCIPAL
Mrs. A.V.N. COLLEGE
VISAKHAPATNAM

Certificate from Official of the Community

This is to certify that Gendha Chinnani (Name of the Community Service Volunteer) Reg. No. 120130803057 of Mrs. AVN college (Name of the College) underwent community service in Kanchapuram (Name of the Community) from Kanchapuram to Urvasi main road

The overall performance of the Community Service Volunteer during his/her community service is found to be good (Satisfactory/Good).

P. Venkatesh
Authorized Signatory with Date and Seal



ACKNOWLEDGEMENTS

A successful project Report is not the result of the sole effort an individual the present study has been carried out with the co-operation and contribution of many an individual and institutions to whom I am very much grateful

Firstly I acknowledge with a deep sense of gratitude, the inspiration guidance and help I received from research guide Smt. K. INDIRA faculty of Commerce, the Mrs. A.V.N college, of Visakhapatnam from the beginning to the completion of my report.

It is my duty to express my thanks to Lt. Col. M. PRASANNA KUMAR HOD of Commerce department of Commerce Mrs. A.V.N College, Visakhapatnam for their gracious attitude towards I'm also highly thankful to Central library, Mrs. A.V.N. college for permitting me to go through and collect relevant information from books and research abstracts.

I am also extending my thanks to co-students who working under my research guide for their co-operation.

Gandha chinnaai

120130803057

CHAPTER 1: EXECUTIVE SUMMARY

The community service report shall have only a one-page executive summary. It shall include a brief description of the Community and summary of all the activities done by the student in CSP and five or more learning objectives and outcomes.

OBJECTIVES TO THE STUDY

- * To Measures to proper usage of mobile phones among academic work
- * To study the impact of mobile phone usage
- * To identify the various factors influencing the students use mobile phones
- * To Examine Advantage of using mobile phone
- * To Identify the functions of mobile phone
- * The aim is to find the negative and positive effects of mobiles
- * Also which type of people using the mobile frequently
- * Different age people are using mobiles mostly
- * The main purpose is determine the impact of the increased use of mobile phones on youth's health.
- * Many of us are dependent on our mobile phones
- * It is not only supports communication but also provides a means of communication

CHAPTER 2: OVERVIEW OF THE COMMUNITY

- About the Community/Village/Habitation including historical profile of the community/habitation, community diversity, traditions, ethics and values.
- Brief note on Socio-Economic conditions of the Community/Habitation.

- IT Junction is a centrally located residential area sub localities in ITI Junction:-

Bowdra ring road

URVASHI

▲ Educational Institutions in ITI Junction

(i) Government ITI college where Industrial Training is provided

(ii) Kendriya Vidyalaya school (CBSE)

- * There are many small temples in ITI Junction
- * people often worship there.

▲ Health Centers in ITI Junction

(i) Gaadan dental hospital

(ii) Dwaga hospital

(iii) Saxitheer hospital.

▲ Common problems reported by community participants

(i) pollution

(ii) Traffic

(iii) Improper drinking water facilities.

CHAPTER 3: COMMUNITY SERVICE PART

Description of the Activities undertaken in the Community during the Community Service Project. This part could end by reflecting on what kind of values, life skills, and technical skills the student acquired.





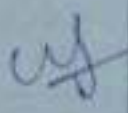

▲ The activities undertaken in the community during the Community Service project:

1. Survey on Socio - Economic
2. Household Survey
3. Report writing
4. Awareness Created
5. Awareness programme
6. Submit the project
7. Report the project

▲ Values, life skills and Technical skills:

1. Team work and problem solving skills.
2. The ability to communicate effectively with others
3. The collaborative nature of project also the Social and Emotional learning programs.
4. People in learning environments have a wider and more diverse social circle
5. When people learn, they gain confidence for trying new things.

ACTIVITY LOG FOR THE FIRST WEEK

DAY & DATE	BRIEF DESCRIPTION OF THE DAILY ACTIVITY	LEARNING OUTCOME	Person In-charge Signature
Day - 1	<u>Socio-Economic Survey</u> Survey conducted on Socio - Economic Condition	* Environmental Conditions of Surroundings are identified	
Day - 2	<u>Socio - Economic Survey</u> To know The conditions of the habitation	* problem that are reported in community like worsened roads	
Day - 3	<u>Socio- Economic Survey</u> A Survey form based on the type of habitation	* poor sanitation pollution etc. are identified	
Day - 4	<u>Socio - Economic Survey</u> Interaction questioning the people to know various conditions	* Identified the problems prevailing in community like drinking water etc	
Day - 5	<u>Socio- Economic Survey</u> A Survey to know Economic condition	* people here generally belongs to lower and upper - middle class	
Day - 6	<u>Socio- Economic Survey</u> Survey conducted to know health issues	* people here often fell sick and fever due to mosquitoes etc	

WEEKLY REPORT

WEEK - 1 (From Dt..... to Dt.....)

Objective of the Activity Done:

To know Socio-Economic Condition

Detailed Report:

I have Conducted a Survey in "ITI Junction" to know Socio-Economic conditions of the habitation. People here belongs to lowest and upper middle class. The Environmental Conditions are not to good. The roads are unclean, worsened roads and pollution and poor Sanitation.

Although people get water facilities but the water is contaminated with chemical. Due to poor sanitation and mosquitoes people here suffer with mosquitoes-borne diseases and fever.

There is government health center and they provide free medicines. To control mosquitoes weekly once mosquitoes spray is sprayed in all the area by govt municipal authorities. Municipal authorities are trying their best to improve drainage and sanitation issues.

ACTIVITY LOG FOR THE SECOND WEEK

DAY & DATE	BRIEF DESCRIPTION OF THE DAILY ACTIVITY	LEARNING OUTCOME	Person In-charge Signature
Day - 1	Introduce yourself use of mobile phones	usage of mobile phones are very highly increased	K. Pavani
Day - 2	usage of cell phones	I observed that many people are using cell phones so oftenly	Naidu
Day - 3	cell phones are compared to land line phones.	mobile phones are very upgraded compared to land line phones	B. Anitha
Day - 4	usage of the mobile network	There is very high usage of mobile network in now-a-days	K. Babitha
Day - 5	productivity	some mobile are in good condition and some are in bad condition	S. Sathy
Day - 6	kinds of mobile phones	I learned there are different kinds of mobile phones	N. Madhu

WEEKLY REPORT

WEEK - 2 (From Dt..... to Dt.....)

Objective of the Activity Done:

Detailed Report:

I conducted this survey was very complimentary was gathering out comes about the mobile usage

On the basis of obtained results it can be said that majority of the college students are using the smart phones and there are not gender wise distribution in use of mobile phone also most of the students use internet for internet surfing making call and SMS and all these three gender differences were not found also use of mobile is more at night as compared to morning. It was also found most people prefer 4G and 5G phones to use Android operating system is the most popular among everyone. The present study will be useful to the educators to find out the mobile addiction and accordingly measures can be taken. The security concern was one of the factors that influenced by the mobile phone users. The feeling of loneliness. Some people are using the mobile phones so excessively that it assumes the form of addiction.

ACTIVITY LOG FOR THE THIRD WEEK

DAY & DATE	BRIEF DESCRIPTION OF THE DAILY ACTIVITY	LEARNING OUTCOME	Person In-charge Signature
Day - 1	Evolution of mobile phones	mobiles started in bc to spread bird letters to contact	Saimul
Day - 2	Expenses of mobile phones	cost of the mobile phones productivity	Saimul
Day - 3	mobile Inventory	Exploring of mobiles	Ajmal
Day - 4	mobile exploring of the country	Inventory of mobiles on applic- -nt days	Saimul
Day - 5	Observation and compit- -ss of Brands	compitubists between protiens	Saimul
Day - 6	Executive of mobile sales Manager of mobile company Ex: One+, Redmi, etc..	Branding of Country.	Mukesh

WEEKLY REPORT

WEEK - 3 (From Dt..... to Dt.....)

Objective of the Activity Done:

Detailed Report:

I conducted this survey was very complimentary was gathering out comes about the mobile usage

There has been a tremendous use growth of the mobile phones in India. It is reported that the India's tele communication market is the second largest in the world. the mobile phones are available to the people technology has brought the word closer. It provided great convenience in communication among people by way of either calling or texting

The first handheld cellular mobile phone was demonstrated John F. Mitchell and Martin Cooper of Motorola in 1973 over the years starting from 1973, cell phones have changed drastically from simple to smart one can say that a cell phone is fundamentally essential to present - day life this advanced invention is the most rapid change our daily life has ever seen we are now able to read, watch and listen to anything This mobile phones are considered as an important human invention.

ACTIVITY LOG FOR THE FOURTH WEEK

DAY & DATE	BRIEF DESCRIPTION OF THE DAILY ACTIVITY	LEARNING OUTCOME	Person In-charge Signature
Day - 1	Mobile usage is Evaluated of the necessary	use of mobile phones is necessary	Vijayakumar
Day - 2	Expanding their brands	Explores	Rajit
Day - 3	Branding of mobiles	one plus, redmi, iPhone, oppo, vivo, Samsung	Shiraj
Day - 4	Services of mobiles repair	Services located near areas	Rajit
Day - 5	Manufacturing of the kind of Brands	manufacturing of mobiles in India, China	Sandhya
Day - 6	Branding logo	Branding logo one+ (1+), oppo vivo	Poojaveen

WEEKLY REPORT

WEEK - 4 (From Dt..... to Dt.....)

Objective of the Activity Done:

Detailed Report:

I conducted this survey was very complementary was gathering outcomes of about the mobile usage

mobile phones are powerful communication devices. mobile phones have become integral part of every one lives than were more than seven billion users around world wide. The number of smart phones users is also rising rapidly over time. The mobile phone has turned from a technological tool to a social tool. Telephone Engineers has explained that the telephone Engineers has made part the business world. Now a days mobile phones have become status symbol for students. mobile learning has emerged as a new technological achievements with the use of mobile technologies the potential for effective teaching and learning has is growing. the term "mobile learning" is still developing day by day and its exact meaning is still unclear. These are mobile phones have several applications are that can be useful in teaching and the learning process.

CHAPTER 5: OUTCOMES DESCRIPTION

Details of the Socio-Economic Survey of the Village/Habitation. Attach the questionnaire prepared for the survey.

Questionnaire for Socio-Economic Survey:-

1. Name of the respondent-
2. Name of the locality
3. Gender & Age
5. Educational qualification and profession
6. What are the problems faced the society
7. Do you receive any Govt. schemes.

Questionnaire for Community Service project:-

1. How does the mobiles phones working in your daily life?
2. How you use mobile phone in your leisure for free time?
3. How many hours do you spend on your mobile phones?
4. What is the use of mobile phones for teenagers?
5. Are you addicted to smart phones?
6. What application (Apps) are used mostly?
7. Any harmful effects of mobile phones?

Describe the problems you have identified in the community

1. Digital Eye Strain :- Eyes begin to burn and itchy blurred vision and digital eye strain can ~~as~~ cause headaches.
2. Sleep disturbances :- Cell phone addiction has been linked to an increase in sleep disorders and fatigue in users.
3. Distraction :- mobile is a disturbing device that creates a distraction between your works. It is seen in students that are easily distracted from their studies.
4. Addiction to mobile phone :- using mobile phones too much makes a person addicted to them.
5. Health problems :- Excessive use of mobile phones causes the health problems and mental disorders such as Anger, depression, anxiety, tension and ~~at~~ others.

Short-term and long term action plan for possible solutions for the problems identified and that could be recommended to the concerned authorities for implementation.

Mobile phone Addiction Solution:-

Short term solution:-

1. fix daily limit of hours for usage of mobile
2. turn off notifications of social media
3. offers yourself rewards for time spent on your phone
4. Take a cell phone holiday

Long term solution:-

1. Don't charge your phone your bed.
2. meditation, yoga, Exercise and other mindfulness activities reducing the craving from the dopamine rushes your phone provides.
3. Take distracting apps off your home screen
4. Turn off all notifications unrelated to communication from real people
5. change habit of excessive use of mobile
6. During cell phone conversation, reduce movement as little as possible

Description of the Community awareness programme/s conducted w.r.t the problems and their outcomes.

1. Overheating phone

Solution: Give your phone some time to "refresh" and start using it again

2. Full storage space

Solution: Try to delete those files and apps that you do not use any more you can also delete old calls and text messages and clean the cache data

3. Connectivity Issues

Solution: Enable the airplane mode for at least 1 minute. Then try to connect again, occasionally you can turn off and on the connection that is failing and then try to connect it again

4. Slow phone

Solution: Close/delete apps, files and clear the cache data

5. Bad battery life

Solution: Enable the battery saving mode and see if your battery lasts longer. Check your battery usage in your phone settings and see which apps are using more battery, you can close or disable the apps that are the ones that are draining more battery if you usually do not need them.

Report of the mini-project work done in the related subject w.r.t the habitation/village.

A mini-project work in the related subject w.r.t the habitation/village. (For ex., a student of Botany may do a project on Organic Farming or Horticulture or usage of biofertilizers or biopesticides or effect of the inorganic pesticides, etc. A student of Zoology may do a project on Aquaculture practices or animal husbandry or poultry or health and hygiene or Blood group analysis or survey on the Hypertension or survey on the prevalence of diabetes, etc.

The Report shall be limited to 6 pages.

→ Usage of Cell phones:

mobile phones are one of the most commonly used gadgets in today's world

They come in use for communicating through voice, messages, and mails. we can also surf the internet using a phone. most importantly we can click photos and record videos through our mobile camera

→ Advantages of mobile phones:

- * Easy communication. the main benefit of using the mobile phone is that they make the mode of communication easiest and cheap
- * Education
- * Social media
- * promoting business
- * good for people's safety
- * Helpful in emergency situations.

- * Earn money via mobile
- * Accessing the internet through mobile phones
- thirst for knowledge has to be the most important advantage of smart-phones.
- * staying connected: you can be connected to friends and family even when work takes a toll on personal life

→ Disadvantages of mobiles:

There are so many disadvantages of using mobile phones. Constant distraction, social distraction, never-ending workdays, ongoing expenses, cause of accidents, health problems, youth crimes, network issues, bank transaction errors, hackings, etc.

work life balance: you ~~can~~ could eventually be stuck at work. Even after office hours can be constantly distracted by personal calls at work. Either way it is disrupting balance.

straining eyesight: most people are staring at their screens before falling asleep in the dark of night. This can lead to partial blindness.

staying connected you can be connected to friends and family even when work takes a toll on personal life.

Impact of mobiles:

- Studies show that people addicted to mobiles often are linked to depression, anxiety, and other mental disorders.
- waste of time: The average person checks his phone once every 12 minutes, leading to 80 times a day. Most of the time people just check their phones for no good reason.
- The mobile phones are used at places like hospitals, judicial courts, petrol pumps where their use is banned.
- The mobile phone while driving is commonly observed which may increase the chances of involving in accidents.
- The use of mobile phone while driving can distract attention of the driver visually, physically and cognitively. Earlier studies have shown that various personality traits like neuroticism, extraversion, psychoticism etc. and mobile use have some relation to each other.
- The gender may also play some role in high mobile phone use.
- The study will be done on explorative basis and there will not be any hypothesis.

Most frequently used Application:-

Netflix, Aha, Zee5, Google Chrome, YouTube, Google Play Store, Disneyt, Amazon, Prime Video, YouTube Kids, HBO Max, Twitch, Hotstar, Pluto TV, Subeay Swasthya, Bridge Race, Garena Free Fire, Discord, Join Clash, 8 Ball Pool, Ludo King, Candy Crush, Saga, MX Taka Tak, Instagram, Facebook, WhatsApp, Snapchat, Meesho, Muz, Josh, Phonpey, Jio TV, Google, Amazon, Shopsy, Yono Jite 331, Flipkart, Battle Grounds Mobile India, Call of Duty, Myntaa, Aja, Telegram, Paytm, Gray, etc.

Harmful Effects of mobile :-

Over usage of mobile phones may cause psychobiological illness such as dry eyes, headache, eye irritations, Computer vision syndrome, weakness of thumb and wrist, neck pain and rigidity, Anxiety, increased frequency of Dequations, tenosynovitis, tactile hallucinations, Homophobia, delusions, insomnia, hallucinations, lower self-confidence, and mobile phone addiction disorders.

In animals, chronic exposure to wifi radiation caused behavioural alterations, liver enzyme impairment, psychotic nucleus, concluded that the mobile phone radiation may increase the reaction oxygen species, which plays an important role in the development to metabolic and neurodegenerative diseases.

This survey is a unique examination of the modern phone of mobile technology use of utility

This study facilitated data collection of an evolving pattern of mobile phone usage.

Mobile phone technology has strongly integrated to aid the academic work and disrupt their daily activities.

Despite the positive benefits of using a cell phone for people, cell phones have completely changed our world. People now use them for leisure time business, school, and so much more. Cell phones are not just cell phones anymore. People rely on them for video chatting for conference calls. Searching the web for nearby restaurants, taking pictures of their travels using a GPS tracking system, etc. The majority of people own cell phones nowadays and people rely on them more than ever.

Cellphones have become a part of everyday life and I could not imagine what it would be like having to live without having a cell phone. Being away at school I still am able to keep in contact with my parents and grandparents although I am far away from them. Cell phones are a vital service in the human connection because people are able to have connections that the past decades never imagined. The cell phone is an incredible invention that has altered our lives forever.

Student Self-Evaluation for the Community Service Project

Student Name: Geetha Chinnaxi

Registration No: 120130803057

Period of CSP: From: 8/9/2020 to: 25/10/22

Date of Evaluation:

Name of the Person in-charge:

Address with mobile number:

9848740834

35-1-11b pillavasi veedi, Kanchipuram, visakhapatnam.

Please rate your performance in the following areas:

Rating Scale: 1 is lowest and 5 is highest rank

1) Oral communication	1	2	3	4	5 ✓
2) Written communication	1	2	3	4	5 ✓
3) Proactiveness	1	2	3	4	5 ✓
4) Interaction ability with community	1	2	3	4	5 ✓
5) Positive Attitude	1	2	3	4	5 ✓
6) Self-confidence	1	2	3	4	5 ✓
7) Ability to learn	1	2	3	4	5 ✓
8) Work Plan and organization	1	2	3	4	5 ✓
9) Professionalism	1	2	3	4	5 ✓
10) Creativity	1	2	3	4	5 ✓
11) Quality of work done	1	2	3	4	5 ✓
12) Time Management	1	2	3	4	5 ✓
13) Understanding the Community	1	2	3	4	5 ✓
14) Achievement of Desired Outcomes	1	2	3	4	5 ✓
15) OVERALL PERFORMANCE	1	2	3	4	5 ✓

Date:

Gi. Chinnaxi
Signature of the Student

Evaluation by the Person in-charge in the Community/Habitation

Student Name:	Gandha Chinnave
Registration No:	120130803057
Period of CSP: From:	8/4/2022 to: 25/10/2022
Date of Evaluation:	
Name of the Person in-charge:	
Address with mobile number:	9848740834:- 35-1-116 pillavati veedi, kanchoncupalam Visakha pabam.

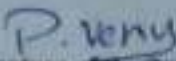
Please rate the student's performance in the following areas:

Please note that your evaluation shall be done independent of the Student's self-evaluation

Rating Scale: 1 is lowest and 5 is highest rank

1) Oral communication	1	2	3	4	5
2) Written communication	1	2	3	4	5
3) Proactiveness	1	2	3	4	5
4) Interaction ability with community	1	2	3	4	5
5) Positive Attitude	1	2	3	4	5
6) Self-confidence	1	2	3	4	5
7) Ability to learn	1	2	3	4	5
8) Work Plan and organization	1	2	3	4	5
9) Professionalism	1	2	3	4	5
10) Creativity	1	2	3	4	5
11) Quality of work done	1	2	3	4	5
12) Time Management	1	2	3	4	5
13) Understanding the Community	1	2	3	4	5
14) Achievement of Desired Outcomes	1	2	3	4	5
15) OVERALL PERFORMANCE	1	2	3	4	5

Date:


 Signature of the Supervisor

SURVEY GALLERY REPORT







